

# 7-day action plan - fictional sample

## Plan

- 1 Day 1: Confirm missing facts and target role.
- 2 Day 2: Review the CV and remove unsupported claims.
- 3 Day 3: Update profile copy.
- 4 Day 4: Adapt recruiter messages for selected roles.
- 5 Day 5: Apply only where the real experience fits.
- 6 Day 6: Practise interview answers aloud.
- 7 Day 7: Review feedback and plan the next applications.